

REF



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**Intended Use**

The Aurora LH Assay is a chemiluminescent microparticle immunoassay (CMIA) for the quantitative determination of Luteinizing Hormone (LH) in human serum and plasma. The Aurora LH Assay is intended for in vitro diagnostic use.

**Summary**

Luteinizing hormone (LH) is a glycoprotein hormone composed of two dissimilar subunits,  $\alpha$  and  $\beta$ , joined noncovalently. It is produced and released by the group of cells of the anterior pituitary gland. The  $\alpha$ -subunit is similar to that of the follicle stimulating hormone (FSH), human chorionic gonadotropin (hCG) and thyroid-stimulating hormone (TSH). Its  $\beta$ -subunit is different from other glycoproteins hormones with specific biochemical characters. The LH level usually varies with the age and sex of an individual. In women, the LH levels vary with the menstrual cycle and menopause. The increased levels of LH can directly affect ovaries. Low levels of LH can lead to secondary ovarian failure due to less secretion of other hormones from the pituitary gland. In men, the hormonal level usually varies with age. The increased levels of LH can show primary and secondary testicular failure. Low levels of LH in adult males lead to decreased sexual desire and sexual dysfunction due to a reduced level of testosterone. For children, the increased levels of LH can cause early onset of puberty in children. The decreased levels of LH in children causes delayed puberty and is an indication of ovarian or testicular failure, hormone deficiency, etc.

**Test Principle**

The Luteinizing Hormone assay is a quantitative sandwich immunoassay to determine the presence of LH in human serum and plasma using CMIA technology with flexible assay protocols.

1. Sample, and paramagnetic anti-LH coated microparticles are mixed, LH present in the sample binds to anti-LH coated microparticles, forming an antigen antibody complex.
2. After incubation, a conjugate containing acridinium-labeled anti-LH is added to the reaction

mixture and binds to unoccupied binding sites of the anti-LH coated microparticles.

3. After further incubation and washing, Pre-Trigger and Trigger Solutions are added to the reaction mixture.

4. The resulting chemiluminescent reaction is measured as relative light units (RLUs). There is a relationship between the amount of LH in the sample and the RLUs detected by the optical system. Results are calculated automatically based on the previously established calibration curve.

**Reagents**

R1	3.0 mL
R2	3.0 mL
CAL	Contains 3 levels, 1.0 mL each level
CON	Contains 2 levels, 1.0 mL each level
R1:	Microparticles. Anti-LH coated microparticles. Preservative: 0.05% ProClin 300
R2:	Conjugate. Acridinium-labeled anti-LH. Preservative: 0.05% ProClin 300.
CAL:	Calibrator. Solutions of different concentrations of LH. Preservative: 0.05% ProClin 300
CON:	Control. Tris buffer solution for quality control of Luteinizing hormone (LH)

**Required Materials**

- Pre-Trigger Solution: Hydrogen peroxide solution.
- Trigger Solution: Sodium hydroxide solution.
- Wash Buffer: Phosphate buffered saline solution with 0.05% ProClin 300.

**Safety Precautions**

- Exercise the normal precautions required for handling all laboratory reagents.
- Disposal of all waste material should be in accordance with local guidelines.
- Wear gloves when handling specimens or reagents.
- Clean and disinfect all spills of specimens or reagents using a suitable disinfectant.
- Trigger solution contains sodium hydroxide (NaOH) and should be avoided contact with eyes.

**Warning** (Contains Proclin 300)

Hazardous Component: 0.05% Proclin 300

- Reaction mass of:  
5-chloro-2-methyl-4-isothiazolin [EC no. 247-500-7]  
and 2-methyl-4-isothiazolin-3-one [EC no.  
200-239-6] (3:1)

### Hazard Statement

- H317: May cause an allergic skin reaction.
- H319: Causes serious eye irritation.
- H410: Very toxic to aquatic life with long-lasting effects.

### Precautionary Statement

- P261: Avoid breathing dust/fume/gas/mist/vapors/spray.
- P264: Wash hands thoroughly after handling.
- P272: Contaminated work clothing should not be allowed out of the workplace.
- P280: Wear protective gloves/protective clothing/eye protection/face protection.
- P305+P351+P338: IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.
- P337+P313: If eye irritation persists: Get medical advice/attention.
- P333+P313: If skin irritation or rash occurs: Get medical advice/attention.
- P302+P352: IF ON SKIN: Wash with plenty of soap and water.
- P321: Seek immediate care from a doctor.
- P363: Wash contaminated clothing before reuse.
- P273: Avoid release to the environment.
- P391: Collect spillage.
- P501: Dispose of contents/container in a safe way.

### Reagent Handling

- Do not use reagent kits beyond the expiration date.
- Do not pool reagents within a kit or between kits.
- Before loading the reagent kit on the system for the first time, the microparticle bottle requires mixing to resuspend microparticles that may have settled during shipment.
- Septums MUST be used to prevent reagent evaporation and contamination and to ensure

reagent integrity. Reliability of assay results cannot be guaranteed if septums are not used according to the instructions in this package insert.

- To avoid contamination, wear clean gloves when placing a septum on an uncapped reagent bottle.
- Once a septum has been placed on an open reagent bottle, do not invert the bottle as this will result in reagent leakage and may compromise assay results.

### Reagent Storage

REAGENT	Storage Temperature	Maximum Storage Time
Unopened	2°C~8°C Do not freeze.	12 months
On board/ Opened	2°C~8°C Do not freeze.	28 days

- Reagents may be stored on or off the chemiluminescence immunoassay analyzer. If reagents are removed from the analyzer, store them at 2-8°C (with septums and replacement caps) in an upright position. For reagents stored off the system, it is recommended that they be stored in their original trays and boxes to ensure they remain upright. If the microparticle bottle does not remain upright (with a septum installed) while in refrigerated storage off the system, the reagent kit must be discarded.

### Calibrator & Control Storage

CAL	CON	Storage Temperature	Maximum Storage Time
Unopened		2°C~8°C	12 months
Opened		2°C~8°C	30 days

### Applicable Analyzer

Automatic Chemiluminescence Immunoassay Analyzer (model: Aurora S-01 System).

### Specimen Types

Verified specimen types to be used with this assay:

Specimen Types	Collection Tubes
Serum	Serum separator tubes (SST)
Plasma	Dipotassium EDTA Tripotassium EDTA Sodium heparin

Lithium heparin powder Plasma separator tubes (PST) -lithium heparin gel
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- Other specimen collection tube types have not been tested with this assay.
- Liquid anticoagulants may have a dilution effect resulting in lower concentrations for individual patient specimens.
- The instrument does not provide the capability to verify specimen type. It is the responsibility of the operator to verify that the correct specimen types are used in the assay.

### Specimen Conditions

Do not use specimens with the following conditions:

- Heat-Inactivated
- Pooled
- Grossly Hemolyzed (> 500 Mg/Dl Hemoglobin)
- Obvious Microbial Contamination
- Fungal growth
- For accurate results, serum and plasma specimens should be free of fibrin, red blood cells, and other particulate matter. Serum specimens from patients receiving anticoagulant or thrombolytic therapy may contain fibrin due to incomplete clot formation.
- To prevent cross contamination, use of disposable pipettes or pipette tips is recommended.

### Preparation for Analysis

- Follow the tube manufacturer’s processing instructions for collection tubes. Gravity separation is not sufficient for specimen preparation.
- Mix thawed specimens thoroughly by low speed vortexing or by inverting 10 times. Visually inspect the specimens. If layering or stratification is observed, continue mixing until specimens are visibly homogeneous.
- Avoid more than 1 freeze/thaw cycles.
- To ensure consistency in results, specimens must be transferred to a centrifuge tube and centrifuged for a minimum of 30,000 g-minutes before testing if they contain fibrin, red blood cells, or other particulate matter, they were previously frozen.
- Examples of acceptable time and force ranges that meet this criterion are listed in the table below.

Centrifugation time using alternate Relative Centrifugal Force values (RCF) can be calculated using the following formula:

Centrifugation Time (Minutes)	RCF (×g)	g × minutes
10	3,000	30,000
15	2,000	30,000
20	1,500	30,000

- Transfer clarified specimen to a sample cup or secondary tube for testing. For centrifuged specimens with a lipid layer, transfer only the clarified specimen and not the lipemic material.
- Inspect all specimens for bubbles. Remove bubbles with an applicator stick before analysis. Use a new applicator stick for each specimen to prevent cross contamination.

### Specimen Storage

Specimen Type	Storage Temperature	Maximum Storage Time
Serum/Plasma	Room temperature	≤ 8 hours
	2°C~8°C	≤ 3 days
	-20°C	≤ 90 days

- Remove serum or plasma from the clot, red blood cells, or separator gel if stored longer than the maximum room temperature storage time.
- Remove serum or plasma from the clot, red blood cells, or separator gel if stored longer than the maximum 2-8°C storage time and store frozen.
- Frozen specimens must be mixed thoroughly after thawing.
- Use caution in handling patient specimens to prevent cross-contamination.
- Do not exceed the storage limitations listed above.

### Assay Procedure

- Refer to the system operating instruction or the online help system for detailed information on preparing the system.
- Before loading the Aurora LH Assay on the system for the first time, the microparticle bottle requires mixing to resuspend microparticles that may have settled during shipment. After the first

time the microparticles have been loaded, no further mixing is required.

- Invert the microparticle bottle 30 times. Visually inspect the bottle to ensure microparticles are resuspended. If microparticles are still adhered to the bottle, continue to invert the bottle until the microparticles have been completely resuspended. If the microparticles do not resuspend, DO NOT USE. Once the microparticles have been resuspended, place a septum on the bottle.
  - Load the reagent kit on the chemiluminescence immunoassay analyzer.
  - Verify that all necessary reagents are present.
  - Verify adequate sample volume is present prior to running the test.
  - Sample volume for first test: 250 µL
  - Sample volume for each additional test from same sample cup: 50 µL
  - The test-specific parameters stored in barcode on the reagent pack are read in. In cases the barcode cannot be read, enter the sequence numbers
  - Order calibration, if necessary.
  - Prepare Luteinizing Hormone Calibrators and Controls.
  - Mix calibrator(s) and controls by gentle inversion before use.
  - Hold bottles vertically and dispense recommended volumes into each respective sample cup.
  - Place the calibrators in the calibrator rack in the sample zone.
  - Calibration.
  - Load samples. For information on loading samples, refer to the Analyzer's Operations Manual.
  - Press RUN.
  - The chemiluminescence immunoassay analyzer performs all the functions automatically and calculates the results.
- For optimal performance, it is important to perform routine maintenance as described in the Analyzer's Operations Manual. Perform maintenance more frequently when required by laboratory procedures.

## Sample Dilution Procedures

- Samples with a LH value exceeding 200 mIU/mL

may be diluted using the Manual Dilution Procedure.

## Manual Dilution Procedure

Suggested dilution: 1:10

- Add 100 µL of the sample to 900 µL of Stroke physiological saline solution or dilutions.
- The operator must enter the dilution factor in the Patient or Control order screen. The system will use this dilution factor to automatically calculate the concentration of the sample before dilution and report the result.

## Calibration

- Traceability: This assay has been standardized against the WHO 3<sup>rd</sup> International Standard NIBSC 81/535.
- Every LH assay kit has a two-dimension code label containing the predefined master curve of the particular reagent lot.
- Test Calibrators in duplicate. The calibrators should be priority loaded. A replicate of each control level must be tested to evaluate the assay calibration. Ensure that assay control values are within the ranges specified in the respective control package insert.
- Once calibration is accepted and stored, all subsequent samples may be tested without further calibration unless:
  - After 28 days when using the same lot reagent.
  - A reagent kit with a new lot number is used.
  - Controls are out of range.
  - Required by pertinent regulations.
- Assay may also need to be recalibrated after specified service procedures have been performed or maintenance to critical part or subsystems that might influence the performance of the assay. For detailed information on how to perform an assay calibration, refer to the Analyzer's Operations Manual.
- Calibration Range: 0.1 mIU/mL ~ 200 mIU/mL.

## Quality Control Procedures

- Order Control, if necessary.
- The recommended control requirement for the LH assay is that a single replicate of each control

level be tested:

- Once every 24 hours or each day of use
- After performing calibration
- After instrument service procedures or maintenance that may affect assay performance have been performed.
- If the quality control procedures in your laboratory require more frequent use of controls to verify test results, follow your laboratory-specific procedures.
- Each laboratory should establish control ranges to monitor the acceptable performance of the assay. If a control is out of its specified range, the associated sample results are invalid and the samples must be retested. Recalibration may be indicated.
- These results should be applied to your laboratory's quality control practices. In addition, the laboratory must ensure that the matrix of the control material is suitable for use in the assay per the assay package insert.
- Unless specified, target values and ranges provided with the commercial control product insert are guidelines only and should not be used for quality control purposes.
- Refer to Clinical and Laboratory Standards Institute (CLSI) Document C24-A3, or other published guidelines for general quality control recommendations.

## Results

### Calculation

- The analyzer automatically calculates the concentration of each sample. The results are given in mIU/mL.

### Limits

- Results should be used in conjunction with other data; e.g., symptoms, results of other tests, and clinical impressions.
- If the LH results are inconsistent with clinical evidence, additional testing is recommended.
- Specimens from patients who have received preparations of mouse monoclonal antibodies for diagnosis or therapy may contain human anti-mouse antibodies (HAMA). Such specimens

may show either falsely elevated or depressed values when tested with assay kits that employ mouse monoclonal antibodies. Additional information may be required for diagnosis.

- Heterophilic antibodies in human serum can react with reagent immunoglobulins, interfering with in vitro immunoassays. Patients routinely exposed to animals or to animal serum products can be prone to this interference, and anomalous values may be observed. Additional information may be required for diagnosis.
- Rheumatoid factor (RF) in human serum can react with reagent immunoglobulins, interfering with in vitro immunoassays. Additional information may be required for diagnosis.
- The Luteinizing Hormone assay is susceptible to interference effects from triglycerides at > 500 mg/dL.
- There is no high-dose HOOK effect at LH concentrations up to 1150 mIU/mL.

### Expected Values

- It is recommended that each laboratory establish its own reference range, which may be unique to the population it serves depending upon geographical, season, patient, dietary, or environmental factors. A study was performed based on guidance from Clinical and Laboratory Standards Institute (CLSI) C28-A3c.
- Human serum specimens from apparently healthy individuals were collected the 268 specimens, 142 were female and 126 were male, age between 21 and 90 years.

The population	n	Reference range*
Apparently healthy male	126	1.7 mIU/mL~8.6 mIU/mL
Apparently healthy female	142	1.0 mIU/mL~95.6 mIU/mL

\*According to the 2.5th~97.5th percentile.

\*Representative data; results in individual laboratories and in different geographical areas may vary from these data.

### Specific Performance Characteristics

- Data in the section SPECIFIC PERFORMANCE CHARACTERISTICS were generated using the Aurora S-01 Automatic Chemiluminescence Immunoassay Analyzer System.
- Assay results obtained in individual laboratories may vary from data presented.

### Limit of Blank (LoB)

- The Limit of Blank was determined in accordance with the CLSI (Clinical and Laboratory Standards Institute) EP17-A requirements.
- The Limit of Blank is the 95th percentile value from  $n \geq 20$  measurements of analyte-free samples over several independent series. The Limit of Blank corresponds to the concentration below which analyte-free samples are found with a probability of 95 %.
- The observed LoB value was  $\leq 0.1$  mIU/mL.

### Accuracy

#### Intra Assay Variation

- Within run variation was determined by replicate determination ( $n=10$ ) of three different control sera in one assay. The within assay variability is  $\leq 8.0\%$ .

#### Inter Assay Variation

- Between run variation was determined by replicate measurements ( $n=10$ ) of three different control sera in 3 different lots. The between assay variability is  $\leq 15.0\%$ .

Intra-Assay, n=10			Inter-Assay, n=10x3		
Sample	Mean (mIU/mL)	CV	Sample	Mean (mIU/mL)	CV
1	5.861	4.20%	1	6.035	6.27%
2	60.799	4.73%	2	61.938	4.12%

### Linearity

- The linearity was determined in accordance with the CLSI (Clinical and Laboratory Standards Institute) EP6-A requirements.
- The linearity range was verified by more than 6 concentration levels which encompass or be equal to the minimum and the maximum values of linearity range and duplicate assays ( $n=3$ ) at all levels.

- The The Aurora LH Assay has been demonstrated to be linear from 0.1 mIU/mL to 200 mIU/mL, regression  $\geq 0.99$  and max diff  $\leq 15\%$  in this interval.

### Specificity

#### Cross-Reactivity

- A study was performed based on guidance from CLSI EP7-A2.
- The cross-reactants listed below (Using LH-free samples) were evaluated to determine whether LH concentrations were affected when using the Luteinizing Hormone assay.

Cross-Reactant	Cross-Reactant Concentration	Results
TSH	200 mIU/L	$\leq 0.1$ mIU/mL
HCG	1000 IU/L	$\leq 0.1$ mIU/mL
FSH	200 IU/L	$\leq 0.1$ mIU/mL

### Interference

- A study was performed based on guidance from CLSI EP7-A2.
- Potentially interfering substances were evaluated to determine whether LH concentrations were affected when using the Luteinizing Hormone assay. Samples containing the potential interferents were prepared at two LH concentrations. The samples were assayed, and the LH concentrations of the spiked samples were compared to the reference samples.

Potential Interferent	Interferent Concentration	% Interferent Bias
Bilirubin	20 mg/dL	$\leq 10\%$
Hb	500 mg/dL	$\leq 10\%$
Intralipid	1000 mg/dL	$\leq 10\%$
Total protein	10 g/dL	$\leq 10\%$
RF	1000IU/mL	$\leq 10\%$
ANA	400AU/mL	$\leq 10\%$
HAMA	600ng/mL	$\leq 10\%$

### Reference

1. Casarini, Livio, Santi, et al. 'Spare' Luteinizing Hormone Receptors: Facts and Fiction[J]. Trends in Endocrinology and Metabolism: TEM, 2018.

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3. Peters C A, Walsh P C. The effect of nafarelin acetate, a luteinizing-hormone-releasing hormone agonist, on benign prostatic hyperplasia. [J]. New England Journal of Medicine, 1987, 317(10):599.
4. Dufau M L. The luteinizing hormone receptor[J]. Annual Review of Physiology, 1998, 60(1):461.
5. Jorma Toppari, Marko Kaleva, et al. Skakkebæk, Luteinizing hormone in testicular descent[J]. MOL CELL ENDOCRINOL, Vol. 269, Issues 1-2,2007, pp. 34-37.

CAL

Calibrator

CON

Control

### Contact Information

EC REP

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After-sale Service Center: Carbon Technologies LLC

CE

IVD

Release Date: ... .. Date of Manufacture: ... ..

### Symbols



Manufacturer



Date of manufacture



Use-by date



Contains sufficient for <n> tests



Consult instructions for use



Biological risks



Temperature limit



CE Marking



EU Representative



In Vitro diagnostic medical device



Catalogue Number



Batch code



Reagent



Microparticles



Conjugate